

AUGUST 2026 NEWSLETTER

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

JENNIFER CROW
CEO

SHARON GRISWOLD
EVP Finance

SABRINA STRAIGHT
Administrator

SALLY HERNANDEZ
Nurse Manager

MELISSA MCBRIDE
Office Manager

RICHARD KOENIG
Head Chef

TRISHA MCCHESTER
Community Chef



A word from your ADMINISTRATOR

Dear Residents, Families, and Friends,

As the warmth of summer begins to gently fade and we approach the end of August, we want to take a moment to celebrate the wonderful community we share here. Each of you brings light, laughter, and heart to our home, and it is truly a privilege to walk alongside you in this season of life.

August is a time of reflection and preparation—reflecting on the joys of summer and preparing for the beautiful months ahead. It's also a month where we can slow down, savor the simple moments, and enjoy the warmth of friendships, family visits, and shared experiences.

We are excited for the upcoming activities and gatherings designed to engage, inspire, and connect us all. Whether it's a lively group event, a quiet afternoon with a good book, or a stroll through our gardens, there is always an opportunity to create meaningful memories.

Thank you for being the heart of our community. Your smiles, stories, and spirit make this place feel like home. We look forward to a month filled with joy, laughter, and the simple pleasures that make life rich and rewarding.

With warm regards and heartfelt appreciation,

Sabrina Straight

Sabrina Straight,
Administrator





CHEF'S
SPECIAL

FISH TACOS



Blackened or crispy fried white fish filets, served in a warm tortilla, topped with crunchy citrus cabbage slaw, pico de gallo, and lime crème.



AUGUST SCRAMBLE

Unscramble the words listed below!

Answers revealed on back cover.

RFCPMAEI _____

OAEMENLD _____

ESRSOM _____

WRUSFLNOE _____

NPGACIM _____

DACIAC _____

HNFIGSI _____

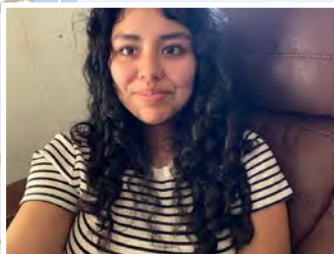
LEBMBBUEE _____

PPLIEOSC _____



EMPLOYEE
SPOTLIGHT

ANANDA
MEDRANO



We're so proud to shine the spotlight on Ananda Medrano, just one of our many amazing Med Techs that gives our residents at Grand Oaks gentle and compassionate care.

The residents love how friendly and happy she always is, and they look forward to seeing her!

Ananda was born and raised right here in Okeechobee! She is the second oldest of seven children.

Outside of caregiving, Ananda loves shopping, doing nails, and going to the beach. Ananda is currently in school studying to be an RN.

When asked what she loves most about Grand Oaks, Ananda shared:

"I love the residents and working with a great bunch of co-workers."

We're thankful for Ananda's passion and commitment to Grand Oaks.



Happy
BIRTHDAY!

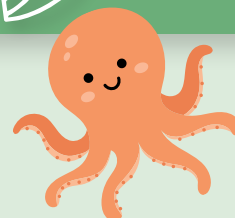


AUG
11

Louis T.

AUG
31

Carolyn M.



New Residents
WELCOME!

Mary P.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 AUGUST 2026						9:30a Porch Talk 1 10a Word Search 11a CNN News 2:30p Scrabble 4p Checkers
9:30a Porch Talk 2 10a Word Search 11a Church 1:30p B-I-N-G-O 4p Puzzles	9:15a Sit & Fit 3 10a Penny Poker 11a Price is Right 2p Arts & Crafts 3p UNO Salon Day	9a Porch Talk 4 9:15a Sit & Fit 10a 5-Card Bingo 11:15a Bible Study 2p WJ & Friends 3p Movie	9a Porch Talk 5 9:15a Walmart 10a Checkers 11a Price is Right 2p Corn Hole 3p Trivia	9:15a Sit & Fit 6 9:30a Activity Mtg 10a B-I-N-G-O 11a Price is Right 2p Auction 3p Popsicles	9a Porch Talk 7 9:30a CASINO 10a Puzzles 11a Price is Right 2p Rummikub 3p Movie	9:30a Porch Talk 8 10a Word Search 11a CNN News 2:30p Scrabble 4p Checkers
9:30a Porch Talk 9 10a Word Search 11a Church 1:30p B-I-N-G-O 4p Puzzles	9:15a Sit & Fit 10 10a LCR 11a Price is Right 2p Arts & Crafts 3p Jenga	Louis B-day 11 9a Porch Talk 9:15a Sit & Fit 10a Bible Trivia 11:15a Bible Study 2p 5-Card Bingo	9a Porch Talk 12 9:15a Walmart 10a Puzzles 11a Price is Right 2p Chair Volleyball 3p Scrabble	9:15a Sit & Fit 13 10a B-I-N-G-O 11a Price is Right 2p Wine & Cheese 3p Trivia	9a Porch Talk 14 10a Penny Poker 11a Price is Right 2p PO-KENO 3p Movie	9:30a Porch Talk 15 10a Word Search 11a CNN News 2:30p Scrabble 4p Checkers
9:30a Porch Talk 16 10a Word Search 11a Church 1:30p B-I-N-G-O 4p Puzzles	9:15a Sit & Fit 17 10a Music w/Vitas 11a Price is Right 2p Arts & Crafts 3p Scrabble Salon Day	9a Porch Talk 18 9:15a Sit & Fit 10a Painting 11:15a Bible Study 2p B-day/Bob Music 3p Movie	9a Porch Talk 19 9:15a Walmart 10a Word Search 11a Price is Right 2p Facial w/Charlie 3p Jenga	8a Donuts 20 9:15a Sit & Fit 10a B-I-N-G-O 11a Price is Right 2p Root Beer Float 3p UNO	9a Porch Talk 21 10a Penny Poker 11a Price is Right 2p Thrift Store/ Ride 3p Movie	9:30a Porch Talk 22 10a Word Search 11a CNN News 2:30p Scrabble 4p Checkers
9:30a Porch Talk 23 10a Word Search 11a Church 1:30p B-I-N-G-O 4p Puzzles	9:15a Sit & Fit 24 10a LCR 11a Price is Right 2p Arts & Crafts 3p Checkers	9a Porch Talk 25 9:15a Sit & Fit 10a Bible Trivia 11:15a Bible Study 2p 5-Card Bingo 3p Movie	9a Porch Talk 26 9:15a Walmart 10a Jenga 11a Price is Right 2p Painting 3p Puzzle	9:15a Sit & Fit 27 10a B-I-N-G-O 11a Price is Right 2p Happy Hour 3p Trivia	9a Porch Talk 28 10a Corn Hole 11a Price is Right 2p PO-KENO 3p Movie	9:30a Porch Talk 29 10a Word Search 11a CNN News 2:30p Scrabble 4p Checkers
9:30a Porch Talk 30 10a Word Search 11a Church 1:30p B-I-N-G-O 4p Puzzles	Carolyn B-day 31 9:15a Sit Fit 10a Penny Poker 11a Price is Right 2p Arts & Crafts 3p UNO					

Grand Oaks of Okeechobee 203 SE 2nd St, Okeechobee FL 34974

ALF#11944

All Activities are subject to change!

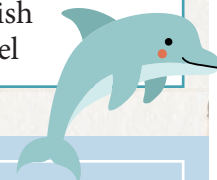


AUGUST HISTORY

- August 3, 1492**
Christopher Columbus set on his first voyage across the Atlantic.
- August 28, 1609**
Henry Hudson began exploring the river that would later be named the Hudson River.
- August 24, 1814**
British forces captured and burned Washington, D.C., during the War of 1812.
- August 1, 1834**
Slavery was abolished throughout most of the British Empire.
- August 15, 1914**
The Panama Canal officially opened.
- August 14, 1945**
Japan announced its surrender, effectively ending World War II.
- August 15, 1947**
India gained independence from British rule.
- August 28, 1963**
Martin Luther King Jr. delivered his famous "I Have a Dream" speech.
- August 5, 1962**
Marilyn Monroe died at age 36.
- August 20, 1977**
NASA launched the Voyager 2.
- August 16, 1977**
Elvis Presley died at his home, Graceland, at age 42.
- August 31, 1997**
Princess Diana died following a car crash in Paris.

Q Q X L U C Q W X W S O Y S W H E E L M A Z X T
 J S F T J X P I Q P M C D N E M O T Z A M K H K
 T T Z F I S H A E W J Y F W T Z Q M S N P E Z R
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 C S O J K Z O C T O P U S F V B W B O S X I J R
 Q B S C R A B F K O W V S T A R F I S H N L K Y
 L O B S T E R X S E A T U R T L E G T S H A R K
 U V I Z D Q M W L P R S H R I M P N O T E L T M

Sand dollar
 Puffer fish
 Sea turtle
 Clown fish
 Jellyfish
 Starfish
 Stingray
 Seahorse
 Lobster
 Octopus
 Seaweed
 Manatee
 Dolphin
 Plants
 Animal
 Shrimp
 Ocean
 Shell
 Water
 Waves
 Squid
 shark
 Whale
 Coral
 Nemo
 Deep
 Dive
 Eggs
 Crab
 Seal
 Fish
 Eel

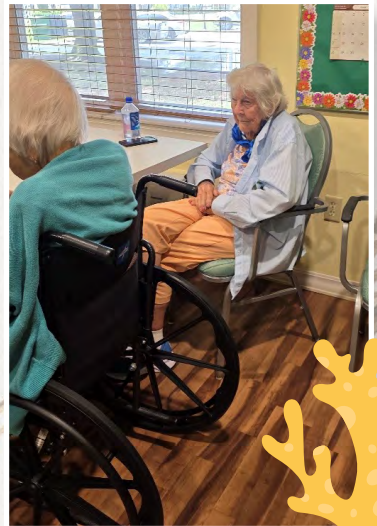
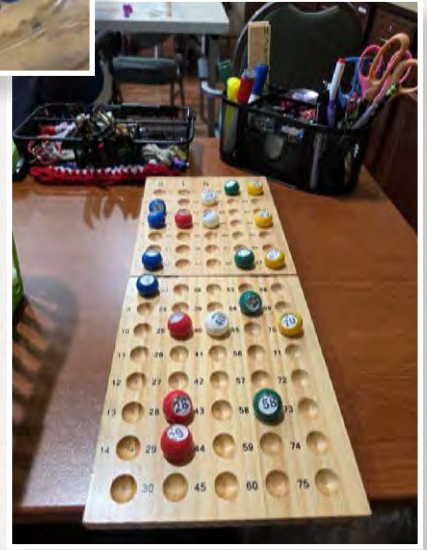
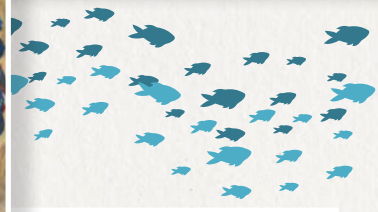


ALL ABOUT AUGUST

August was originally the sixth month of the year. In the early Roman calendar, it was called “Sextilis”, the Latin word for “sixth.” When January and February were added to the beginning of the calendar around 700 BC, August became the eighth month. Its length changed over time as well, until Julius Caesar’s Julian calendar established August as a 31-day month—a length it has kept ever since.

August has a unique calendar quirk. In a standard year, no other month begins on the same day of the week as August. In a leap year, however, August and February start on the same weekday.

The “Dog Days”: The phrase “Dog Days of Summer” (which runs from early July to August 11) comes from ancient Rome. It refers to Sirius, the “Dog Star,” rising alongside the sun, which Romans believed brought the hottest, most uncomfortable weather.





Calendar Spotlight



*Our Roots
Run Deep
IN OUR
COMMUNITY*

August 3rd & 17th } Salon Day!



August 7th } Casino!
9:30am



August 21st } Thrift Store
2:00pm



AUGUST SCRAMBLE ANSWERS

1. CAMPFIRE
2. LEMONADE
3. SMORES
4. SUNFLOWER
5. CAMPING
6. CICADA
7. FISHING
8. BUMBLEBEE
9. POPSICLE