

NOVEMBER 2022

**Management
TEAM**

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

JENNIFER CROW
CEO

SHARON GRISWOLD
EVP Finance

LISA SYNAKOWSKI, LPN
Administrator

ANDREA DESKIN
RENAEE MILLER
RHONDA COOLEY
TRACIE DAVIS
Community Chefs

MELA MAHARAJ-SHAH
Activity Manager

JIM DODSON
Maintenance

SABRINA COOK
Office Manager



*A word from your
ADMINISTRATOR*

Dear Residents,

Fall is upon us, with cooler temperatures on the way. I know I am looking forward to the change in the weather.

Our activities team has been busy planning a lot of fun activities for this month. On Thursday, November 17th, we will have our Harvest Festival Party with Paul, you don't want to miss it! Thanksgiving is Thursday, November 24th with our traditional turkey dinner. Friday, November 25th is our Black Friday DD's Shopping and Lunch trip.

For a complete list of upcoming activities, be sure to check out the Activities Calendar.

The holiday season is coming up and we hope to have a healthy one. Please let us know if you are planning for your loved one to spend the holiday with you so we can be prepared!

I hope everyone has a wonderful month and a Happy Thanksgiving!

Lisa Synakowski

Lisa Synakowski, L.P.N.
Assistant Administrator





Chef's
SPECIAL

LINGUINI CARBONARA



Pan seared chicken with diced garlic, bacon,
and green peas tossed in linguini.
Served with a rich parmesan, cream and egg sauce.

Happy
BIRTHDAY!!!



NOV
26

Evilee I.

NOV
27

Patricia B.

NOV
27

Amy S.

NOV
29

Jim R.



New Move-In
WELCOME!!

Helen N.
Anna E.
Ida W.



Thanksgiving FUN FACTS



50

PILGRIMS ATTENDED THE
FIRST THANKSGIVING



96%

OF AMERICAN'S GATHER TO
CELEBRATE THANKSGIVING



46mill.

TURKEY'S ARE CONSUMED
EACH THANKSGIVING IN THE U.S.



16min

THE AVERAGE TIME SPENT
EATING THE HOLIDAY MEAL



07hrs

THE AVERAGE TIME SPENT
COOKING THE HOLIDAY MEAL



\$50

THE AVERAGE AMOUNT SPENT
ON THE HOLIDAY MEAL

RIDDLES

1. What is the name of the cranberry that isn't happy?
2. What is a Turkey's least favorite day of the year?
3. It has ears but it cannot hear and it has flakes but it has no hair. What is it?
4. Why didn't the Pilgrims tell each other their secrets in the cornfield?
5. It's something I spy with my little eye. I'm an orange squash that is baked in a pie. What am I?
6. Why is it that the turkey didn't finish its dessert?



Laura was born in Michoacán, Mexico. Laura's favorite childhood memory was when she lived with her Grandmother, her family would gather every Sunday and enjoy a big feast. They would play sports and have a fun time together. She has one sister, five aunts and uncles with many cousins.

When Laura was fifteen years old, she moved to Okeechobee, Florida. In high school Laura loved playing soccer and volleyball with her friends. She still likes to play a good game of volleyball now and then. Her role model growing up was her Aunt Eloisa. She said her grandmother didn't have enough money to send her aunt to school, so she asked the school if she can clean in place of tuition, and the school agreed. She graduated and today she is an attorney, and has a school of her own. Laura is eager to learn and achieve her goals just like her aunt.

Laura met her husband through mutual friends. She originally set him up with a friend of hers but it didn't work out. He then moved to Orlando. When he moved back to Okeechobee they started talking and she saw him in a different light. They now have a 6 year old son named Angel together. Laura also has a 13 year old son Osbiel who is an honor roll student. She is most proud of her children and wants the best for them. Some life advice she gives them is to be grateful, don't judge others and always say please and thank you.

Her hobbies include dancing and going to the beach.

Before working at Grand Oaks, Laura worked for Truly Blessed Inc. for children with disabilities for three years, The Ark of Okeechobee for two years and also worked at Grand Oaks in 2011 for three years. She was a stay at home before returning to work in 2021. She said working at Grand Oaks Okeechobee reminds her of taking care of her grandmother. The residents have a special place in her heart.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30 Sit & Fit 10:00 Walmart 11:00 Price is right 12:00 Lunch 2:00 Songs by WJ 6:00 Uno	9:30 Sit & Fit 10:00 Marshall's Shopping Trip 11:00 Price is right 2:00 Scrabble 6:00 Dominos	9:30 Sit & Fit 10:00 Craft 11:00 Price is right 12:00 Lunch 2:00 BINGO 6:00 Puzzles	9:30 Sit & Fit 10:00 Trivia 11:00 Price is right 12:00 Lunch 2:00 L C R 6:00 Hangman	9:30 Porch Talk 10am Dice Game 2pm BINGO 3pm Build a Word 6pm Dominos
6	7	8	9	10	11	12
9:30 Bible Study with Charlie 10am Rummibuk 2pm  6pm Puzzles <small>Daylight Savings Time Ends</small>	9:30 Sit & Fit 10:00 Painting 11:00 Price is right 12:00 Lunch 2:00 L C R 6:00 Checkers	9:30 Sit & Fit 10:00 Walmart 11:00 Price is right 12:00 Lunch 2:00 BINGO 6:00 Dominos	9:30 Sit & Fit 10:00 Shopping Trip / Lunch 11:00 Price is right 12:00 Lunch 2:00 Hangman 6:00 Rummikub	9:30 Sit & Fit 10:00 Crafts 11:00 Price is right 12:00 Lunch 2:00 Penny Poker 6:00 Jenga	9:30 Sit & Fit 10:00 Craft 11:00 Price is right 12:00 Lunch 2:00  6:00 Uno <small>Remembrance Day (Canada)</small>	9:30 Porch Talk 10am Dice Game 2pm BINGO 3pm Build a Word 6pm Dominos
13	14	15	16	17	18	19
9:30 Bible Study with Charlie 10am Rummibuk 2pm  6pm Puzzles	9:30 Sit & Fit 10:00 Country Kitchen 11:00 Price is right 12:00 Lunch 2:00 Mini Mani 6:00 Uno	9:30 Sit & Fit 10:00 Walmart 11:00 Price is right 12:00 Lunch 2:00 L C R 6:00 Checkers	9:30 Sit & Fit 10:00 DD'S Shopping/Lunch 11:00 Price is right 12:00 Lunch 2:00 Wheel of Fortune	9:30 Sit & Fit 10:00 Senior Feud 11:00 Price is right 12:00 Lunch 2:00 Crafts 6:00 Dominos	9:30 Sit & Fit 10:00 Painting 11:00 Price is right 12:00 Lunch 2:00 Penny Poker 6:00 Jenga	9:30 Porch Talk 10am Dice Game 2pm Fall Festival w/ Paul 3pm Build a Word 6pm Dominos
20	21	22	23	24	25	26
9:30 Bible Study with Charlie 10am Rummibuk 2pm  6pm Puzzles	9:30 Sit & Fit. 10:00 Scrabble 11:00 Price is right 2:00 Songs by Mitch 6:00 Hangman	9:30 Sit & Fit. 10:00 Walmart 11:00 Price is right 12:00 Lunch 2:00 Penny Poker 6:00 Dominos	9:30 Sit & Fit. 10:00 Craft 11:00 Price is right 12:00 Lunch 2:00 Jodi on the Piano	HAPPY THANKSGIVING DAY!  <small>Thanksgiving Day (US)</small>	9:30 Sit & Fit 10:00 Crafts 11:00 Price is right 2:00  6:00 Jenga	Evilee's Birthday 9:30 Porch Talk 10am Dice Game 2pm BINGO 3pm Build a Word 6pm Dominos
Patricia & Andy's Birthday 9:30 Bible Study with Charlie 10am Rummibuk 2pm  6pm Puzzles	28 9:30 Sit & Fit 10:00 Country Kitchen 11:00 Price is right 2:00 Penny Poker 6:00 Dominos	Jim's Birthday 29 9:30 Sit & Fit 10:00 Walmart 11:00 Price is right 2:00  6:00 Uno	30 9:30 Sit & Fit 10:00 Crafts 11:00 Price is right 12:00 Lunch 2:00 L C R 6:00 Jenga			

THIS CALENDAR IS SUBJECT TO CHANGE PLEASE SEE DAILY ACTIVITY BOARD.



Margaret @ Bealls



HAPPY HOUR!



Jean & Doris Shopping @ Bealls Outlet



Happy hour w/MS Anna



Residents enjoying each other's company, while having a glass of wine & snacks.



Regina making a witch's hat



Janice & Bobbie enjoying a day at the Casino



Janice



Happy Hour with Norma & Mary



Lunch @ Tin Fish



Bobbie



Calendar Spotlight



*Our Roots
Run Deep
IN OUR
COMMUNITY*



November 19

Harvest Festival Party w/ Paul
2:00 pm



November 24

Thanksgiving Day!



November 25

DD's Shopping and Lunch
10:00 am

Riddle Answers:

1. A blueberry, 2. Thanksgiving, 3. Corn, 4. The corn has ears, 5. A pumpkin, 6. It was already stuffed