

FEBRUARY 2025

*Management
TEAM*

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

JENNIFER CROW
CEO

SHARON GRISWOLD
EVP Finance

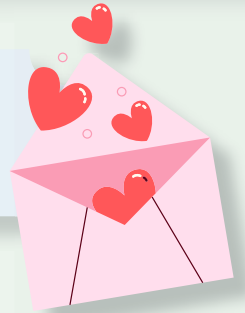
SABRINA COOK
Administrator

ANDREA DESKIN,
TRACIE DAVIS,
Community Chefs

MELISSA MCBRIDE
Office Manager



*A word from your
ADMINISTRATOR*



Dear Residents,

Goodbye January! Hello February!

February is American Heart Month. So, we need to take care of our ticker! That means healthy habits such as staying active, making good choices of our diet also encouraging family and friends to do so.

Please do not forget love is in the air every day at Grand Oaks not just Valentine Day's. We have planned some fun activities that day plus a party so come out and enjoy.

We have a list of activities for you to check out so look at the calendar. Here are just a few to name now.

- 2/07 Casino Trip
- 2/18 Boho Cowboy/Birthday
- 2/21 Dollar Tree

Remember to invite family or friends to have a delicious mouthwatering meal with you. Please let staff know in advance.

Sincerely,

Sabrina Cook

Sabrina Cook,
Administrator





Chef's
SPECIAL

ASIAN PEPPER
STEAK



Tender cuts of marinated Steak slices,
sauteed with Bell peppers and onions
w/ soy & sesame sauce Served over
Jasmine rice

Happy
BIRTHDAY!!!

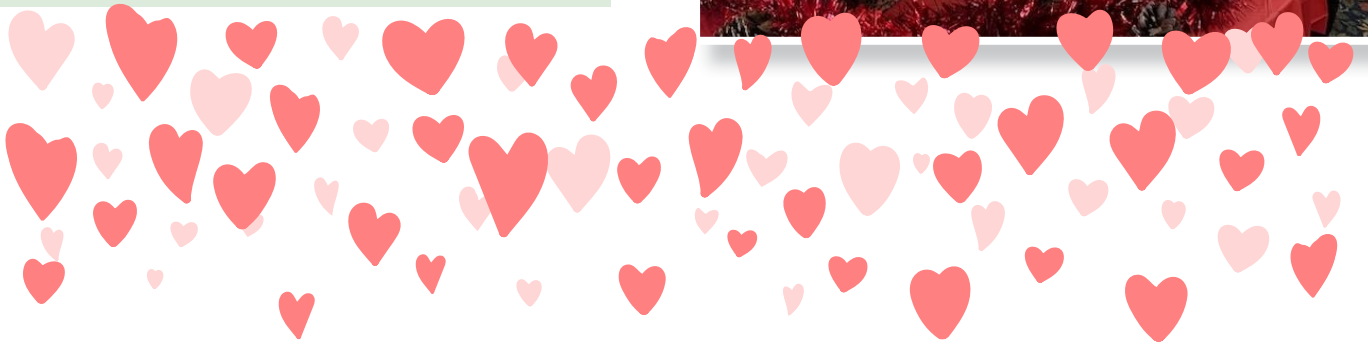
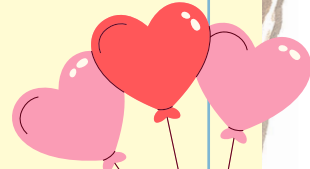


FEB
19

Romona S.

FEB
20

Bobbie L.





WHO KNEW?

VALENTINE'S DAY EDITION

- According to Hallmark, 145 million cards are sent each year on Valentine's Day, and that doesn't include kids' valentines at school.
- The first recorded Valentine's letter, written by Charles, Duke of Orleans, was penned in 1415. When he was 21, Charles wrote to his wife while he was imprisoned in the Tower of London. One of the more famous lines in his love letter reads, "I am already sick of love, My very gentle Valentine." The letter is currently on display at the British Library in London.
- By some estimates, as many as 250 million roses are grown in anticipation of Valentine's Day every year. Countries such as Kenya, Columbia, and Ecuador grow the flowers and ship them to countries with cooler February climates for the holiday, as roses only grow in warmer temperatures.
- The first heart-shaped candy box was introduced in 1862 by Richard Cadbury, son of chocolatier and Cadbury founder John Cadbury. Today, upwards of 36 million heart-shaped boxes of chocolates are sold each year accounting for a whopping 58 million pounds of chocolate.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2025



Grand Oaks of Okeechobee

<p>10a Porch Talk 11a Church Svc. 1:30p B-I-N-G-O 4p Movie in LR</p> <p>Groundhog Day</p>	<p>9:15a Sit & Fit 10a Rummikub 11a Price is Right 1:30p Penny Poker 3p Adult Coloring</p>	<p>9a Walmart 11a Price is Right 2p WJ & Friends 3p Custom Crossword 4p Uno</p>	<p>9:15a Drum Fun 10a Arts & Crafts (Rose Wreath) 11a Price is Right 11:30a Activity Mtg! 1:30p B-I-N-G-O 4p Jenga</p>	<p>9:15a Walkie Talkie 10a Board of Fortune! 11a Bible Study 1:30p Wine, Cheese & Charades! 4p Concentration</p>	<p>9:15a Sit & Fit 9:45a Casino 11a Price is Right 1:30p Table Puzzles 4p Uno</p>	<p>9:30a Porch Talk 10a Spot the Differ. 2p Artsy Smarty 3p Yahtzee</p>
<p>10a Porch Talk 11a Church Svc. 1:30p B-I-N-G-O 4p Movie in LR</p>	<p>9:15a Sit & Fit 10a Rummikub 11a Price is Right 1:30p Penny Poker 3p Adult Coloring</p>	<p>9a Walmart 11a Price is Right 1:30p LCR 3p Custom Crossword 4p Uno</p>	<p>9:15a Drum Fun 10a Arts & Crafts (Heart Garland) 11a Price is Right 1:30p B-I-N-G-O 4p Jenga</p> <p>Tu B'Shevat Begins</p>	<p>9:15a Walkie Talkie 10a Board of Fortune! 11a Bible Study 1:30p Sip & Paint 4p Concentration</p>	<p>9:15a Sit & Fit 10a Concentration 11a Price Is Right 1:30p Valentine Party 4p Uno</p> <p>Valentine's Day</p>	<p>9:30a Porch Talk 10a Spot the Differ. 2p Artzy Smartzy 3p Yahtzee</p>
<p>10a Porch Talk 11a Church Svc. 1:30p B-I-N-G-O 4p Movie in LR</p>	<p>9:15a Sit & Fit 10a Rummikub 11a Price is Right 1:30p Penny Poker 3p Adult Coloring</p> <p>Presidents' Day (U.S.)</p>	<p>9a Walmart 11a Price is Right 2p Birthday Party w/ Boho! 3p Custom Crossword 4p Uno</p>	<p>9:15a Drum Fun 10a Arts & Crafts (Q-Tip Painting) 11a Price is Right 1:30p B-I-N-G-O 4p Jenga</p>	<p>9:15a Walkie Talkie 10a Board of Fortune! 11a Bible Study 1:30p LCR 4p Concentration</p>	<p>9:15a Sit & Fit 9:45a Dollar Tree 11a Price is Right 1:30p Cornhole!! 4p Uno</p>	<p>9:30a Porch Talk 10a Spot the Differ. 2p FAMILY BINGO! 3p Yahtzee</p>
<p>10a Porch Talk 11a Church Svc. 1:30p B-I-N-G-O 4p Movie in LR</p>	<p>9:15 a Sit & Fit 10a Rummikub 11a Price is Right 1:30p Penny Poker 3p Adult Coloring</p>	<p>9a Walmart 11a Price is Right 1:30p LCR 3p Custom Crossword 4p Uno</p>	<p>9:15a Drum Fun 10a Arts & Crafts 11a Price is Right 1:30p B-I-N-G-O 4p Jenga</p>	<p>9:15a Walkie Talkie 10a Board of Fortune! 11a Bible Study 1:30p LCR 4p Concentration</p>	<p>9:15a Sit & Fit 10a Trivia 11a Price is Right 11:30 Dairy Queen 1:30p Penny Poker 4p Uno</p> <p>Ramadan Begins</p>	





CHARLIE MEDLOCK
BEAUTICIAN



Our spotlight this month is on Charlie Medlock, she is our beautician here at Grand Oaks! She has lived in Buckhead for 1 year. She is also employed at Main St. Salon here in Okeechobee. She is married and has three children and three grands. She says, "I love my job because I get to make people pretty!" She was born in Nova Scotia, Canada and lived there until she was two, then lived all over the USA and overseas. Her favorite place to vacation is Sanibel Island. She was married there also! She loves the outdoors and enjoys it with her grands and her dogs Willie and Gracie. Walking is also a way she likes to spend her time. She enjoys meeting new people and getting to know the residents here. She was introduced to us by our resident Regina Mitchum and fits right in! We are thankful to have her bubbly presence here with us!







Grand Oaks
ASSISTED LIVING BY THE VNA
OKEECHOBEE

*Our Roots
Run Deep
IN OUR
COMMUNITY*

*Calendar
Spotlight*



February 7th

Casino
9:45am



Wednesdays

Arts & Crafts
10:00am



February 14th

Valentine's Day Party
1:30pm

