

MARCH 2026 NEWSLETTER

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

JENNIFER CROW
CEO

SHARON GRISWOLD
EVP Finance

SABRINA STRAIGHT
Administrator

SALLY HERNANDEZ
Nurse Manager

MELISSA MCBRIDE
Office Manager

RICHARD KOENIG
Head Chef

*TRISHA MCCHESTER,
TRACIE DAVIS,*
Community Chefs

XAVIERA CARRANZA
Activity Coordinator



A word from your ADMINISTRATOR

Dear Residents, Families, and Team,

March is here, and with it comes a sense of renewal that feels genuinely energizing. There's something about this time of year — the brighter mornings, the fresh air, the quiet hint of spring — that reminds us we're moving forward, growing, and stepping into something better.

That same spirit shows up in our community every day. I see it in the way residents support each other, in the steady involvement of families, and in the commitment our staff brings to their work. It all creates momentum, and that momentum is what keeps Grand Oaks thriving.

To our residents: thank you for filling this building with your stories, your laughter, and your courage. You bring so much life into this place, and it's an honor to share each day with you.

To our families: your encouragement and trust make all the difference. Your partnership allows us to provide care that's grounded, thoughtful, and consistent.

To our team: your dedication continues to impress me. You balance heart and professionalism in a way that lifts up everyone around you.

As we step into this new month, let's carry that sense of renewal with us. Let's notice the little things — the small improvements, the good moments, the signs of progress — and let them remind us that growth doesn't have to be loud to be powerful.

My door is always open. If there's anything you need, anything you want to share, or any way I can support you, please reach out.

Warm regards,

Sabrina Straight

Sabrina Straight,
Administrator





CHEF'S SPECIAL

CROCKPOT TURKEY AND GRAVY



Tender slow cooked turkey served over mashed potatoes, topped with a savory turkey gravy, paired with cornbread stuffing and cranberry sauce.



EMPLOYEE SPOTLIGHT

RICKY KOENIG



Richard “Ricky” Koenig was born in Deerfield, Florida, and spent much of his childhood growing up in Cape May, New Jersey. After many years up north, he returned to Florida, where he has been living for the past year.

Ricky comes from a close family with two brothers and one sister. He is the proud father of two beautiful children—a boy and a girl—and is excitedly awaiting the arrival of another son, who will be making his grand entrance in June.

Ricky’s hobbies include fishing and growing hot peppers, both of which give him a sense of relaxation and creativity. He enjoys working at Grand Oaks, where he appreciates the friendly and sweet residents, as well as the clean, peaceful atmosphere of the community. Ricky takes pride in being part of a place known for its warmth, quiet charm, and impeccable environment.



GOLD COIN SCAVENGER HUNT

Oh no! A mischievous leprechaun dropped his gold coins all over this newsletter. As you read, keep track of these gold coins hiding throughout the pages. When you reach the end, check the back cover — the amount will be revealed at the end of the rainbow!



Happy BIRTHDAY!



MAR 9

Maureen R.

MAR 18

Doris M.

MAR 20

Patricia W.





SAINT PATRICK'S DAY FACTS

- Not Irish: St. Patrick was born in Britain and was kidnapped to Ireland as a slave at 16.
- American Origins: The first St. Patrick's Day parade was held in America, not Ireland, in 1601.
- Color Shift: Blue was initially associated with St. Patrick; green became linked to the holiday in 1798 to symbolize Irish nationalism.
- Chicago's Green River: Since 1962, Chicago has dyed its river green using roughly 40-50 pounds of dye, a tradition lasting about five hours.
- Corned Beef Myth: Corned beef was a cheaper substitute for traditional Irish bacon and cabbage, largely popularized by Irish immigrants in America.
- Leprechaun Folklore: The term means "small-bodied fellow" and stems from Celtic beliefs in fairies and fairies. There are no female leprechauns in Irish legends.
- Global Recognition: In 2012, it was named the "Friendliest Day of the Year"
- Four-Leaf Clovers: While the shamrock is a 3-leaf clover, the 4-leaf variety is rare, with only a 1 in 10,000 chance of finding one.
- Start of Spring: The vernal equinox occurs around March 20–21.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:30a Porch Talk 11a Church Service 1:30p B-I-N-G-O 3p World News 4p Rummikub	2 9:15a Sit & Fit 10a Penny Poker 11a Price is Right 2p Arts & Crafts 3p Movie Time 6p Scrabble Salon Day	3 9a Porch Talk 9:15a Sit & Fit 10a B-I-N-G-O 11:15a Bible Study 2p WJ & Friends 3p Trivia/Treat	4 9a Porch Talk 9:15a Townhall Meeting 9:30a Walmart 11a Price is Right 2p Po-Keno 6p Jenga	5 9:30a Porch Talk 10a Blackjack 11a Price is Right 2p Happy Hour 3p Karaoke 6p Uno	6 9:15a Sit & Fit 9:30a Dollar Tree 10a Coloring 11a Price is Right 2p 5card B-I-N-G-O 3p Movie/Popcorn 6p Checkers	7 9:30a Porch Talk 10a Hidden Objects 2:30p Penny Poker 4p Board Games	
8 9:30a Porch Talk 11a Church Service 1:30p B-I-N-G-O 3p World News 4p Rummikub	9 Maureen B-day 9:15a Sit & Fit 10a Penny Poker 11a Price is Right 2p Arts & Crafts 3p Movie Time 6p Puzzles	10 9a Porch Talk 9:15a Sit & Fit 10a B-I-N-G-O 11:15a Bible Study 2p L-C-R 3p Crochet Corner 6p Checkers	11 9a Porch Talk 9:15a Walmart 11a Price is Right 2p Painting 3p Trivia 6p Dominos	12 9:30a Porch Talk 10a Blackjack 11a Price is Right 2p Root Beer Float 3p Rummikub 6p Jenga	13 9:15a Sit & Fit 10a Cornhole 11a Price is Right 2p B-day & St Patty Party w/ BOHO 6p Uno	14 9:30a Porch Talk 10a Hidden Objects 2:30p Penny Poker 4p Board Games	
15 9:30a Porch Talk 11a Church Service 1:30p B-I-N-G-O 3p World News 4p Rummikub	16 9:15a Sit & Fit 10a Penny Poker 11a Price is Right 2p Arts & Crafts 3p Movie Time 6p Jenga Salon Day	17 9a Porch Talk 9:15a Sit & Fit 10a B-I-N-G-O 11:15a Bible Study 2p L-C-R 3p Crochet Corner St. Patrick Day	18 Doris M B-day 9a Porch Talk 9:15a Walmart 11a Price is Right 2p Painting 3p Trivia 6p Dominos	9 9:30a Porch Talk 10a Deal or No Deal 11a Price is Right 2p Milkshakes 3p Karaoke 6p Dominos	20 Patricia B-day 8a Lakeside Grill 10:30a Sit & Fit 11a Price is Right 2p 5card B-I-N-G-O 3p Movie/Popcorn	21 9:30a Porch Talk 10a Hidden Objects 2:30p Penny Poker 4p Board Games	
22 9:30a Porch Talk 11a Church Service 1:30p B-I-N-G-O 3p World News 4p Rummikub	23 9:15a Sit & Fit 10a Penny Poker 11a Price is Right 2p Arts & Crafts 3p Movie Time 6p Uno	24 9a Porch Talk 9:15a Sit & Fit 10a B-I-N-G-O 11:15a Bible Study 2p L-C-R 3p Crochet Corner 6p Checkers	25 9a Porch Talk 9:15a Walmart 11a Price is Right 2p Painting 3p Trivia 6p Dominos	26 9:30a Porch Talk 10a Blackjack 11a Price is Right 2p Wine & Cheese 3p Rummikub 6p Puzzles	27 9:15a Sit & Fit 10a 5card BINGO 11a Price is Right 2p Deal or No Deal 3p Movie/Popcorn 6p Dominos	28 9:30a Porch Talk 10a Hidden Objects 2:30p Penny Poker 4p Board Games	
29 9:30a Porch Talk 11a Church Service 1:30p B-I-N-G-O 3p World News 4p Rummikub	30 9:15a Sit & Fit 10a Penny Poker 11a Price is Right 2p Arts & Crafts 3p 6p Checkers Salon Day	31 9a Porch Talk 9:15a Sit & Fit 10a B-I-N-G-O 11:15a Bible Study 2p L-C-R 3p Crochet Corner 6p Checkers	<h2>March 2026</h2> <p>Grand Oaks of Okeechobee 203 SE 2nd St. Okeechobee FL 34974</p> <p>ALF# 11944</p> <p>Activities are subject to change!</p>				



MARCH IN HISTORY

March 5, 1770

The Boston Massacre takes place in Boston.

March 4, 1789

The United States Congress meets for the first time under the U.S. Constitution.

March 3, 1845

Florida becomes the 27th U.S. state.

March 1, 1872

Yellowstone National Park becomes the world's first national park.

March 10, 1876

Alexander Graham Bell makes the first successful telephone call.

March 3, 1931

"The Star-Spangled Banner" officially becomes the national anthem of the United States.

March 2, 1962

Wilt Chamberlain scores 100 points in a single NBA game.

March 7, 1969

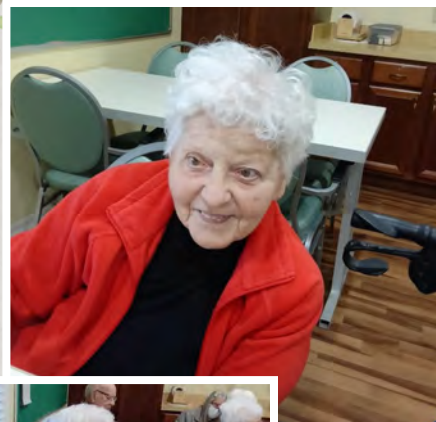
Sesame Street premieres, transforming children's educational television.

March 12, 1989

Tim Berners-Lee proposes the idea that becomes the World Wide Web.

March 4, 2002

Halle Berry becomes the first Black woman to win the Academy Award for Best Actress.



U T P G P P G H D F H P L L A
 A E O C A R F R U W U H F E O
 I K T P W A B O L M G F W P G
 T D A P B H V O Y L H O X E Z
 R F P X N R D S L J B V L R L
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 A G E H O L G R E E N H P T Y
 R V R K J D D X O Y A D A E Z
 Y G D Z R H O T T U N S Z B L

CLOVER
 FOUR
 GOLD
 GREEN
 IRELAND
 LEPRECHAUN
 LUCKY
 MARCH
 PATRICK
 POT
 RAINBOW
 SHAMROCK

Photokapi.com





*Calendar
Spotlight*



*Our Roots
Run Deep
IN OUR
COMMUNITY*

March 13th

Boho Birthday Party/
St. Patrick's Day Party
2:00pm



Every Saturday

Penny Poker
2:30pm



March 26th

Wine & Cheese
2:00pm

