

FEBRUARY 2024

*Management  
TEAM*

DONALD CROW  
*Chairman*

TERESA ROBERTS  
*Vice President*

JENNIFER CROW  
*CEO*

SHARON GRISWOLD  
*EVP Finance*

SABRINA COOK  
*Administrator*

ANDREA DESKIN,  
TRACIE DAVIS,  
MARIO VILLALPANDO  
*Community Chefs*

MELISSA MCBRIDE  
*Office Manager*



*A word from your  
ADMINISTRATOR*

BE MINE

Dear Residents,

Hello February! Love is in the air and in our hearts. I hope February brings great miracles, new adventures, incredible breakthroughs, new visions and a greater blessing for you. "Though February is short, it is filled with lots of love and sweet surprises." And part of expressing love is to take care of what we love. Whether that be us, our family, friends, pets, or our community. Love isn't just something we feel but something we express.

We have some great activities planned this month! We have our Valentine's Party with Boho Cowboy on the February 14th, Birthday Party on February 20th, Applebee's lunch on February 23rd, and many more fun activities. So, be sure to check out our calendar for upcoming activities.

Thank you for welcoming me as your administrator. I love being part of this community and I am very excited for the things to come for all of us this year.

*Sabrina Cook*

Sabrina Cook,  
*Administrator*

BE  
MINE





*Chef's*  
SPECIAL

CHICKEN  
TACO SALAD



Fresh Crispy tortilla bowl. Warm taco seasoned white meat chicken, shredded iceberg lettuce, diced tomatoes, and Monterey jack cheese. Served with a side of salsa and sour cream.

Happy  
BIRTHDAY!!!



FEB  
21

Bobbi L.

FEB  
21

Janice C.





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2024

<i>National Homemade Soup Day</i> 4 9:30 Bible Study with Charlie 10am Rummikub 2pm  3pm Build a Word	<i>National Chocolate Fondue</i> 5 9:30 Sit & Fit 10:00 Crafts 11:00 Price is right 2:00  3:15 Card Games	<i>National Frozen Yogurt</i> 6 9:30 Walmart 10:00 Senior Feud 11:00 Price is right 2:00 Po-Ke-No 3:15 Ring Toss	<i>National Rose Day</i> 7 9:30 Sit & Fit 10:00 Town Hall Meeting 11:00 Price is Right 2:00 Penny Poker 6:00 	<i>Fat Thursday</i> 8 9:30 Porch Talk 10:00 Scrabble 2:00 Painting 3:15 Reminiscing Game 6:00 Checkers	<i>National Pizza Day</i> 9 9:30 Sit & Fit 10:00 Dollar General Trip 12:00 Pizza Party 2:00  3:15 Hangman 6:00 UNO	<i>Chinese New Year</i> 10 9:30 Porch Talk 10am Dice Game 2:00 Po-Ke-No 3pm Adult Coloring 6pm Jenga  Chinese New Year (Year of the Dragon)
<i>National Latte Day</i> 11 9:30 Bible Study with Charlie 10am Rummikub 2pm  3pm Build a Word 6pm Puzzles	<i>National Hug Day</i> 12 9:30 Sit & Fit 10:00 Po-Ke-No 11:00 Price is Right 2:00 Senior Feud 3:15 Card Games 6:00 Dominos	<i>National Kiss Day</i> 13 9:30 Walmart 10:00  11:00 Price is Right 2:00 Ceramic Painting  3:15 Evening Movie 6:00 	<i>Valentine's Day</i> 14 9:30 Sit & Fit 10:00 Crafts 2:00 Valentines Party Sounds by Hobo Cowboy 3:15 Board Games 6:00 	<i>National Gumdrops Day</i> 15 9:30 Porch Talk 10:00 Trivia 2:00 Karaoke & Treat 3:15 Senior Feud 6:00 Puzzles	<i>National Caregivers Day</i> 16 9:30 Sit & Fit 10:00  11:00 Price is Right 2:00 Penny Poker 3:15 Ring Toss 	<i>National Cabbage Day</i> 17 9:30 Porch Talk 10am Cornhole 2pm  3pm Build a Word 6pm Dominos
<i>National Drink Wine Day</i> 18 9:30 Bible Study with Charlie 10am Rummikub 2pm  3pm Build a Word 6pm Puzzles	<i>Presidents Day</i> 19 9:30 Sit & Fit 10:00 Crafts 11:00 Price is Right 2:00 Penny Poker  3:15 Card Games 6:00 Checkers <small>Presidents' Day</small>	<i>National Cherry Pie Day</i> 20 9:30 Walmart 10:00 Noodle Game 11:00 Price is Right 2:00  w/Mitch 6:00 Puzzles	<i>Bobbie's &amp; Janice's Birthday</i> 21 9:30 Sit & Fit 10:00  11:00 Price is Right 2:00 Happy Hour 3:15 Card Games 6:00 Jenga	<i>National Chili Day</i> 22 9:30 Porch Talk 10:00 Painting 11:00 Price is Right 2:00 Board Games 3:15 Reminiscing 6:00 UNO	<i>National tootsie Roll Day</i> 23 9:30 Sit & Fit 10:00 Trivia 12:00 Lunch @ Abblebee's 2:00 Po-Ke-No 3:15 Ring Toss 6:00 Puzzles	<i>National Tortilla Chip Day</i> 24 9:30 Porch Talk 10am Cornhole 2pm Po-Ke-No 3pm Ring Toss 6pm Dominos
<i>National Quiet Day</i> 25 9:30 Bible Study with Charlie 10am Rummikub 2pm  3pm Build a Word 6pm Puzzles	<i>National Pistachio Day</i> 26 9:30 Sit & Fit 10:00 Trivia 11:00 Price is Right 2:00 Po-Ke-No 3:15 Ring Toss 6:00 Puzzles	<i>National Strawberry Day</i> 27 9:30 Walmart 10:00 Hangman 11:00 Price is Right 2:00  3:15 Card Games 6:00 Rummikub	<i>National Pancake Day</i> 28 9:30 Sit & Fit 10:00 Crafts 11:00 Price is Right 2:00 Banana Splits Social  3:15 Cornhole 6:00 UNO	<i>National Toast Day</i> 29 9:30 Sit & Fit 10:00 Board Games 11:00 Price is Right 2:00  3:15 Songs by Paul 6:00 Rummikub	<div>Grand Oaks Okeechobee</div>	
THIS CALENDAR IS SUBJECT TO CHANGE PLEASE SEE DAILY ACTIVITY BOARD.						



BE MINE





Melissa was born on April 13th, 1964, in Mt. Gilead, North Carolina. She has three sisters and six brothers. She grew up on a farm and had many daily chores which included milking the cows, feeding the chickens, and cutting wood. She said growing up on a farm with her siblings was so much fun. They had a bull by the name of Ruby. Her mom gave him that name because he had red eyes. When Melissa was about eight years old, she forgot that Ruby didn't like the color red. Melissa was wearing a red shirt and as she walked out close to the fence she said, "Ruby came charging towards me. I had a can of white paint and threw it on him." She said with a smile, "he wore that white paint for a very long time."

Melissa was very active in school. She was a Brownies Girl Scout, played basketball, was a cheerleader and ran track. She graduated from Parkside High, Maryland, in 1982. Her family had moved to Maryland when she was ten years old.

After graduating high school, Melissa went on to Wor-Wic Community College and obtained her dialysis tech certification, certified nursing assistant (CNA) license and patient care technician (PCT) certification all at the same time. She further pursued her career in health care. She has over forty years of experience. She has worked with hospice, developmental disabilities, addiction and corrections.

Melissa has three children, two girls and one boy. Her two daughters are both registered nurses with one graduating this year with her nurse practitioner license. Her son is a sous chef. She has six grandsons and two granddaughters. The life advice she would give to them — be anything you choose to be in life, set a goal, and work towards it. There's no such thing as failure, because life is not perfect, just try your best. Some of Melissa's hobbies include going to the casino, playing bingo, riding motorcycles, cooking, and spending quality time with her family.

Melissa moved to Florida in April, 2017. She wanted a change from the cold weather and remembered her visits with her grandmother every summer in Florida and decided that's where she wanted to live. Every year her siblings would get together for a family vacation. They travelled to places like Aruba, Belize, Punta Cana, Cozumel, Jamaica and looking forward to their next family vacation to Ghana. The most important lesson Melissa has learned in life is to treat everyone with respect. Because respect goes a long way.

Melissa started working here at Grand Oaks in June of 2023. She shared that working here at Grand Oaks is enjoyable, the residents are loving and caring. She said, "I am family oriented and this is my family." She enjoys talking to the residents and taking part in activities with them.



BE MINE







*Grand Oaks*  
 ASSISTED LIVING BY THE VNA  
 OKEECHOBEE

*Calendar Highlights!*

*Our Roots  
 Run Deep  
 IN OUR  
 COMMUNITY*



*February 8th*

Dollar General Trip



*February 23rd*

Lunch at Applebee's



*February 29th*

Songs by Paul

