

FEBRUARY 2026 NEWSLETTER

Management TEAM

DONALD CROW
Chairman

TERESA ROBERTS
Vice President

JENNIFER CROW
CEO

SHARON GRISWOLD
EVP Finance

SABRINA STRAIGHT
Administrator

SALLY HERNANDEZ
Nurse Manager

MELISSA MCBRIDE
Office Manager

RICHARD KOENIG
Head Chef

TRISHA MCCHESTER,
TRACIE DAVIS,
Community Chefs

XAVIERA CARRANZA
Activity Coordinator



A word from your ADMINISTRATOR

Dear Residents, Families, and Team,

As we welcome February, I want to express my sincere appreciation for the kindness and strength that fill this community. This time of year naturally brings attention to connection, gratitude, and care — and those values are truly at the core of who we are here at Grand Oaks.

Over the past month, I've watched residents support one another, families stay involved and encouraging, and staff members go above and beyond with quiet acts of compassion. These are the things that make our facility more than a place to live or work — they make it a home. And I'm genuinely thankful for each of you who contributes to that feeling every single day.

To our residents: your stories, your resilience, and your presence bring life into this building. It's an honor to serve you, and I appreciate the patience, humor, and grace you share with us.

To our families: your trust is never taken lightly. Thank you for staying connected and for partnering with us in the care of your loved ones.

To our staff: your dedication is the foundation of everything we accomplish. You show up with heart, and it does not go unnoticed.

As we continue through February, please know that my door is always open. Whether you have a concern, an idea, or simply want to talk, I'm here — fully committed to supporting our community and ensuring we continue to uphold the values that define us.

Warm regards,

Sabrina Straight

Sabrina Straight,
Administrator





CHEF'S SPECIAL

GRILLED CHICKEN
GREEK SALAD



Grilled chicken breast served over a bed of spring mix with fresh tomato, cucumber, red onion, feta cheese and a pepperoncino with a homemade Greek vinaigrette.



EMPLOYEE SPOTLIGHT

TINA CAMPBELL



This month, we're proud to shine the spotlight on Tina Campbell, one of the receptionists who greets you upon entering Grand Oaks with a friendly smile.

Tina was born in Orlando, Florida on the Air Force Base. Then her family moved to West Palm Beach, Florida where she spent many of her years. Tina was a self-taught graphic designer for a non-profit performing arts theater for twenty-five years in Tennessee. She has one sister and two brothers. Tina is a proud mother of two sons and grandmother to three wonderful grandchildren.

Tina loves spending time with her family, making new memories together, reading books, and doing online puzzles and games. Her joy is hanging out with her dog Gidget.

When asked what she loves most about Grand Oaks, Tina shared: Everyone here is caring and attentive to the residents and other staff. It's a true team environment with everyone working together to give our residents the best life possible. I love working at Grand Oaks because the residents are such nice people.

Thank you, Tina, for all that you do!



FEBRUARY TRIVIA

1. What gemstone is associated with February birthdays?
2. What is the name of the weather predicting groundhog from Pennsylvania?
3. February is the only month that can sometimes pass without what lunar event?
4. Since the early 2000s, what major sporting event is usually held on the first Sunday of February?
5. What are February's birth flowers?
6. Which zodiac signs fall in February?
7. Which famous playwright mentioned February only once in all his works?
8. In which play does Shakespeare mention February?



Happy BIRTHDAY!



FEB
19

Romona S.

FEB
21

Bobbie L.

FEB
23

Dorothy S.



Valentine's Day Word Search

D F A H A L C M P P U G S Y Y S N Q J A Z A F F E
 E S N B S U I I C C T H N E D W D O E F D D Z L T
 R B G O B U H K O D O P N O E E M W I Z H O A O A
 O A E S D S R U E N Y V H N I E F N E T D S R W L
 M L L Y T P R C E M E O P A P T S O G S A W Y E O
 A L S R I T B Y K I S S B D D H O C N H Q N Z R C
 N O U N I D R A F J H H N E B E V V C D T L R S O
 E O K N F L A M E P R P E R M A E A E W N Y S A H
 C N G L O V E B I R D S J A S R F T L D Z E U E C
 D S Z G K E L O M T G Y P G R T N O A E J Z S H A
 E M Y Z A R C F E C K X W O D T U C J D N I O S D
 M E H S P Z M N E T A R O C E D T Y A T K T X Y M
 R P M E V A D L U W N D E O B V J H C F S D I O I
 A B W B G E S V C M V U Q X U L S H R E F I L N R
 H F E B R U A R Y S W E E T S I O T V O U P O E E
 C G A N W A H M V Y L B N E R L C O T Z B U V O R
 X S E F N C C B O U V O P E I J D Q P R C C E T J
 T S D R A C J E R V D O H D F N H A Z Q I D F Z P
 S N O I T C E F F A L C A B E T V D A R L I N G A
 U T I V J K M G L E U Y O I U K E U K G G C U M E
 R H H R K E S L V I F H R R V R V U X Z A N O H R
 A U Y N L R L N O B R F D M L K E B Q N B R U E I
 E F I M K I E N Q W G T B C F E P H D U O X Y A S
 D E V O L E B E N D E A R M E N T Y C U O Z L R E
 E C N A M O R V D T L B X I F T G F S E G B U T D

Admirer	Candy	Courtship	Desire	February	Heartthrob	Pink
Adore	Card	Crazy	Devotion	Flame	Holiday	Poem
Affection	Carnation	Crush	Doves	Flirt	Honey	Red
Amorous	Charmed	Cupid	Embrace	Flowers	Hug	Romance
Angel	Cherish	Darling	Enamored	Fondness	Kiss	Sweetheart
Balloons	Cherub	Date	Endear-	Friend	Like	Sweets
Beloved	Chocolate	Dear	ment	Gift	Love	Tenderness
Bouquet	Courting	Decorate	Envelope	Heart	Lovebirds	Valentine

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



9:30a Porch Talk 1 11a Church Service 1:30p BINGO 3p World News 4p Rummikub	9:15a Sit & Fit 2 9:30 Porch Talk 10a Penny Poker 2p Arts/Craft 3p Movie Time Salon Day	9:15a Walmart 3 9:30 Porch Talk 11:15a Bible Study 2p WJ & Friends 3p Puzzles 4p Scrabble	9:15a Sit & Fit 4 9:30 Porch Talk 10a Auction Time 11a Price is Right 2p BINGO 3p Coloring 4p UNO	9:30 Porch Talk 5 10a Activity Meeting/Donuts 11a Price is Right 2p Pokeno 4p Checkers	9:15a Sit & Fit 6 9:30 Casino 11a Price is Right 2p Rummikub 3p Coloring 4p UNO	9:30a Porch Talk 7 10a Hidden Objects 2:30p Penny Poker 4p Board games
9:30a Porch Talk 8 11a Church Service 1:30p BINGO 3p World News 4p Rummikub	9:15a Sit & Fit 9 9:30 Porch Talk 10a Penny Poker 11a Price is Right 2p Arts/Craft 3p Movie Time	9:15a Walmart 10 9:30 Porch Talk 11:15a Bible Study 2p LCR 3p Puzzles 4p Scrabble	9:15a Sit & Fit 11 9:30 Porch Talk 10a Painting 11a Price is Right 2p BINGO 3p Coloring 4p UNO	9:30 Porch Talk 12 10a Trivia & Treat 11a Price is Right 2p Blackjack & Drinks 3p Rummikub 4p Checkers	9:15a Sit & Fit 13 9:30 Porch Talk 10a BINGO 11a Price is Right 2p Valentine/ B-day Party/ BOHO 3p Coloring	9:30a Porch Talk 14 10a Hidden Objects 2:30p Penny Poker 4p Board games <small>Valentine's Day</small>
9:30a Porch Talk 15 11a Church Service 1:30p BINGO 3p World News 4p Rummikub	9:15a Sit & Fit 16 9:30 Porch Talk 10a Penny Poker 2p Arts/Craft 3p Movie Time <small>Presidents' Day (U.S.)</small>	9:15a Walmart 17 9:30 Porch Talk 11:15a Bible Study 2p Happy Hour 3p Puzzles	9:15a Sit & Fit 18 9:30 Porch Talk 10a Painting 11a Price is Right 2p BINGO 3p Coloring 4p UNO	Romona's B-Day 19 9:30 Porch Talk 10a Cornhole 11a Price is Right 2p Trivia & Drinks 3p Treat Time 4p Checkers	9:15a Porch Talk 20 9:30 Marshalls 11a Price is Right 2p Rummikub 3p Coloring	Bobbie's B-Day 21 9:30a Porch Talk 10a Hidden Objects 2:30p Penny Poker 4p Board games
9:30a Porch Talk 22 11a Church Service 1:30p BINGO 3p World News 4p Rummikub	Dorothy's B-Day 23 9:15a Sit & Fit 9:30 Porch Talk 10a Penny Poker 11a Price is Right 2p Arts/Craft 3p Movie Time	9:15a Walmart 24 9:30 Porch Talk 11:15a Bible Study 2p LCR 3p Puzzles 4p Scrabble	9:15a Sit & Fit 25 9:30 Porch Talk 10a Painting 11a Price is Right 2p BINGO 3p Coloring 4p UNO	9:30 Porch Talk 26 10a Cornhole & Treat 11a Price is Right 2p Blackjack & Drinks 4p Checkers	9:15a Sit & Fit 27 9:30 Porch Talk 10a Deal or No Deal 2p 5 Card BINGO 3p Coloring 4p UNO	9:30a Porch Talk 28 10a Hidden Objects 2:30p Penny Poker 4p Board games

203 SE 2nd Street. Okeechobee, FL 34974

ALF# 11944

Activities are subject to change when necessary!



FEBRUARY IN HISTORY

February 12, 1809
Abraham Lincoln is born.

February 3, 1870
The 15th Amendment is ratified, granting Black men the right to vote.

February 2, 1943
The Battle of Stalingrad ends, marking a crucial turning point in WWII.

February 23, 1945
The iconic photograph, "Raising the Flag on Iwo Jima", is taken.

February 6, 1952
Princess Elizabeth becomes Queen Elizabeth II following the death of King George VI.

February 20, 1962
John Glenn becomes the first American to orbit the Earth.

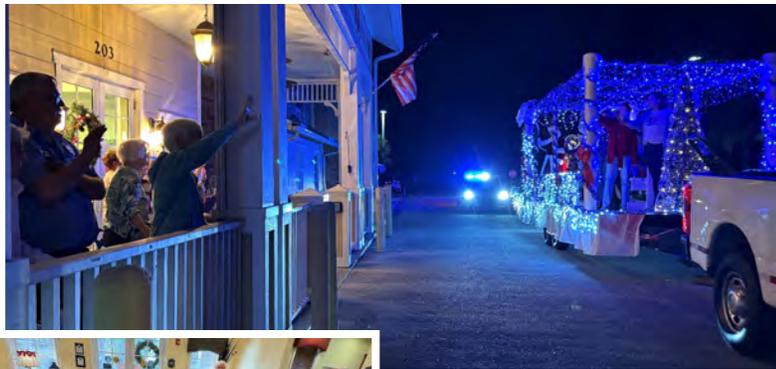
February 1, 1960
The Greensboro sit-ins begin, helping launch the Civil Rights Movement.

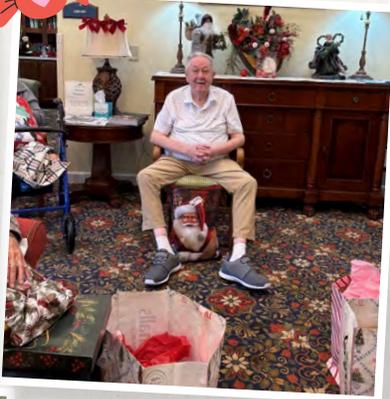
February 9, 1964
The Beatles appear on The Ed Sullivan Show.

February 28, 2000
The first crew arrives at the International Space Station.

February 4, 2004
Facebook is launched.

February 18, 2021
NASA's Perseverance rover lands on Mars.







*Calendar
Spotlight*



*Our Roots
Run Deep
IN OUR
COMMUNITY*

February 13th

Boho Birthday Party/
Valentine's Day Party
2:00pm



February 17th

Happy Hour
2:00pm



February 20th

Marshalls
9:30am



*FEBRUARY
TRIVIA ANSWERS*

1. Amethyst
2. Punxsutawney Phil
3. Full Moon
4. The Super Bowl.
5. Violet and primrose.
6. Aquarius and Pisces.
7. William Shakespeare.
8. Much Ado About Nothing.